“A valuable and instructive resource for anyone in the health field. Rising to the challenge: Sex- and gender-based analysis and health planning, policy and research in Canada is a comprehensive manual that provides valuable and practical guidance. The manual will be of interest to all knowledge users in the field of health including policy makers, researchers, practitioners and students. There is a strong demand for sex- and gender-based analysis in all sectors and this volume will fill a much needed gap. The ideas are presented in an accessible style that both challenges and stretches our thinking about the ways to integrate sex and gender considerations in our work. Anyone who wants to understand sex- and gender-based analysis should read this manual.”

- Joy Johnson, Scientific Director, CIHR Institute of Gender and Health

“This guide to understanding the importance of, and applying, sex- and gender-based analysis is long overdue. ... Rising to the Challenge is a unique and useful book, which should find itself on every policy maker’s desk, in every program development or evaluation discussion and supporting researchers across many disciplines in their quest for new questions and new knowledge. ... Applying the principles, methods and approaches outlined here will no doubt improve evidence, policy and programming, not only in Canada, but around the world.”

- Lorraine Greaves, Executive Director, Health System Strategy Division, Ministry of Health and Long-Term Care, Ontario, Canada